



Newsletter

Wednesday 2nd February 2022

101 Kuranui Street, Thames * Phone 07 868 6504 * Email office@moana.school.nz



Kia ora tātou

Welcome back everyone! We hope you all had an enjoyable holiday and are refreshed for another busy year.

A special welcome to our new students: Kere Haimona in Room 3, Bianca Garland in Room 6, Raidar Rawiri in Room 7, August Reid in Room 8, David Stammers in Room 9, and to Joe Clarke, Margot Donaldson, Brooklyn-Rae George and Ezra Petersen who are starting their school lives with us today in Room 4. It's great to have you all in our Moanataiari School family.

As we are currently operating under the Covid red traffic light rules, only students are allowed on school grounds. If adults need to come on site, please contact the office on 868 6504.

David Brock, Principal – Tumuaki

Coming up:

Mon 7 Feb Waitangi day observed
Mon 14 Feb Tech starts for Y7&8 students

Weetbix, milk and fruit are available from our kitchen for anyone wanting breakfast **between 8.20am and 8.50am** each school day morning.

2022 Start Date & School Terms

Term 1: Wednesday 2 February to Thursday 14 April
Term 2: Monday 2 May to Friday 8 July
Term 3: Monday 25 July to Friday 30 September
Term 4: Monday 17 October to Wednesday 14 Dec

Moanataiari School Bank Account:

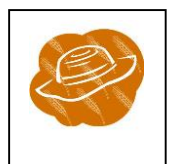
ANZ Thames 01 0455 0108122 01

Our teachers for 2022:

Room 3	Mrs Laura Pooley	Years 2 and 3
Room 4	Mrs Kirsty Bain	New Entrants & Year 1
Room 5	Mrs Pam Kruger (Junior DP)	Years 1 and 2
Room 6	Ms Debbie Trenwith	Years 6 and 7
Room 7	Mrs Andrea Saunders (Senior DP) & Mrs Fiona Leach	Years 7 and 8
Room 8	Miss Louise Hinds-Haye	Years 4 and 5
Room 9	Mr Wayne Howes	Years 4 and 5

Sun hats

During Terms 1 and 4 children must wear uniform navy blue sunhats when outside the classroom. Children not wearing sunhats will play under the shade sail.



School hours

School begins	8.55am	<i>We encourage students to be here by 8.45am</i>	
1st break	10.50 – 11.00am (eating time)	11.00 – 11.25am (play)	
2nd break	1.20 – 1.30pm (eating time)	1.30 – 1.55pm (play)	
School Ends	3.00pm	Monday to Friday	

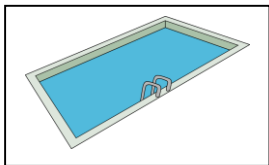


Please ensure that students are in class by 8.55am when the bell goes as late students disrupt the rest of the class, and can miss out on instructions for the day.

As much as we want students to be here in plenty of time before the bell, they mustn't be here before 8.15am as staff are not available for supervision before that time.

Moanataiari After-School Care

Our after-school care service will continue to run from our school kitchen. The service is structured with homework supervision and assistance as well as fun activities with our very experienced and qualified teacher aide, Donna Weir. Bookings can be made through our school office (868 6504) or by contacting Donna directly on 027 547 9407. Casual or regular bookings will cost \$7.00 for the first hour from 3pm, up to \$14 for 2.5 hours per day per child.



School swimming pool

Our school pool is ready for our students to enjoy during class swimming lessons, so remember to bring your **(named)** swimming togs and towel. Students are expected to take part in swimming instruction every day for most of this term so please ensure they bring their swimming togs each day.

Unfortunately, due to the new Health and Safety Regulations, we are not able to open our pool for public use.

Uniform Reminder

All students must wear our correct school uniform during school hours. Our uniform consists of:

- Jade polo shirt with school logo
- Plain navy shorts/skorts/pants (not black or denim)
- Plain navy sweatshirt or navy polar fleece with school logo
- Navy bucket hat/navy wide brim hat
- Shoes: covered, flat/practical that child is free to run and walk in (no heels)
- Hair: long hair must be tied up for protection against nits
- Jewellery: watches, stud/sleeper earrings only. (If a student has taonga that they wish to wear at school, a letter must be written to the principal for approval first.)

Please put your child's name on ALL ITEMS OF CLOTHING. In the swimming season all clothing, togs and towels should be named and swimming gear brought to school in a water-proof bag.

If students are not able to wear uniform, for whatever reason, a note to the class teacher or explaining to the class teacher is required. If assistance with uniform purchase is needed, please talk to the Principal for a supporting letter to WINZ. On-going non-compliance with uniform is considered to be a discipline issue. Second-hand uniform is available from the school office for a gold coin donation.

Tech for our Year 7 & 8 students

Our year 7 & 8 students start tech at Thames High School on **Monday 14th February**. This will happen every Monday and these students need to bring closed-in shoes to tech each Monday, a container for food when in the kitchen, and **must wear a mask at all times**.



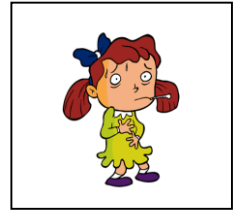


Absences

All pupil absences from school must be notified either by a letter to the Class Teacher, or by phoning the school office (07) 868 6504 or sending a message through on the app or website **before 9.15am**. We need to know that our students are safe, so please tell us if they are going to be away.

Unwell students

If students are feeling unwell, please do not send them to school until they are completely recovered, as germs spread very easily at school and cause other students and staff to become unwell also, which is not fair to them. Any students who are unwell at school will be sent home.



School sores are common at this time of year. Impetigo (school sores) is very contagious and causes blisters anywhere on the body where the skin has been damaged in some way, eg. cuts or scrapes. Treatment must be sought from the doctor, and children must stay away from school until the sores have healed.



Medications

Should you need to leave medication permanently at school, such as for asthma or allergies, please make sure we have labelled, up to date medication for your child. Out of date medications held at the school last year have been disposed of so will need replacing if still required.

Food and drink at school

All students MUST bring THEIR OWN water in a water bottle to drink at school.

Hydration and adequate rest are vital to optimum learning. Remember to drink water throughout the day to keep your body and brain hydrated and alert. Bottles can be refilled at school. **Spare water bottles or cups for water cannot be provided.**



We also ask that students take home any food packaging and uneaten lunch. Parents and caregivers are then able to note food that children are not eating, and it also reduces waste at school.

Nutrition for learning

The school day involves lots of concentration and physical exertion so our students need plenty of nutritious food to get them through the day. We encourage plenty of healthy food options in student lunch boxes to help them learn and perform their best.

Sandwiches, fruits, nuts, vegetables and dairy products provide sustained energy.

We suggest processed foods should be reserved for occasional special treats at home.



Headlice

We occasionally have incidents of head lice. Please ensure that you check your child's hair regularly and treat any outbreaks promptly. Children with long hair are expected to keep it tied back while at school to keep it off the face and help keep head lice away.



Reminder

With the exception of our Pet Day, **no dogs are allowed on our school grounds** for the health and safety for our students and staff.

Te rerenga korero:

Nau mai hoki mai

Welcome back

Sleep requirements for children

The Ten Commandments for Children's Sleep (ages birth to 12 years):

1. Go to bed at the same time every night, before 8.30pm.
2. Have an age appropriate nap schedule.
3. Establish a consistent bedtime routine.
4. Make your child's bedroom sleep conducive – cool, dark, and quiet.
5. Encourage your child to fall asleep independently.
6. Avoid bright light at bedtime and during the night, and increase light exposure in the morning.
7. Avoid heavy meals and vigorous exercise close to bedtime.
8. Keep all electronics, including televisions, computers, and cellphones out of the bedroom and limit use of electronics before bedtime.
9. Avoid caffeine, including many sodas, coffee and tea.
10. Keep a regular daily schedule, including consistent mealtimes.

TABLE OF RECOMMENDED SLEEP:

3-12 months --- 14 to 15 hours

1-3 years --- 12 to 14 hours

3-5 years --- 11 to 13 hours

6-12 years --- 10 to 11 hours

12-18 years --- 8.5 to 9.5 hours



Good sleep is one of the 3 pillars of good health and well-being along with a balanced diet and regular exercise.

THREE ELEMENTS OF GOOD QUALITY SLEEP:

1. **Duration**- The length of sleep should be sufficient for the sleeper to be rested and alert the following day.
2. **Continuity**- Sleep periods should be seamless without fragmentation.
3. **Depth**- Sleep should be deep enough to be restorative.

Community Notices

Music Lessons

are beginning this term in Week 2 here at Moanataiari School.

Guitar, Ukulele and Drum lessons will be available. Each lesson is \$10 in a group or \$20 for one-on-one.

Email contact@playwithmusic.net to sign up.



Clay Classes for School Students – Term 1 2022

This 8-week block involves hand-building with clay. Students work at their own pace and all work will be glazed and fired, ready to take home. All materials and firings included in fee of \$200.00.

Tuesday 8 Feb to 29 March 3.30 to 5.30pm, or
Wednesday 9 Feb to 30 March 3.30 to 5.30pm
at 130 Karaka Road, Thames.

email sue@scarletlake.co.nz or phone 0277409071
or visit www.scarletlake.co.nz



Police vetting for helpers

We very much appreciate any offers of assistance and transport to our many events throughout the year. It is now a legal requirement that all non-staff members are police vetted before assisting with our students.

If you would like to help us at events and transport this year please complete and return the note below to our school office so we can pass on to you a police vetting form. Police vetting is valid for three years so we can check if we have your current details.

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Yes, I would like to assist at events and/or with transport in 2022

Name: _____ Phone: _____

Please return this slip to our school office by 28th February, thanks.