



# Newsletter

Tuesday 2<sup>nd</sup> February 2021

101 Kuranui Street, Thames \* Phone 07 868 6504 \* Email [office@moana.school.nz](mailto:office@moana.school.nz)



*Kia ora tātou*

*Welcome back everyone! We hope you all had an enjoyable holiday and are refreshed for another busy year.*

*A special welcome to our new students: Alexis Le Roux, Hunter Welsh, Kora Fergusson and Freo Williams-Watene who are starting their school lives with us today in Room 4, Tintin Dang in Room 6, and Cora Williams-Watene in Room 9. It's great to have you all in our Moanataiari School family.*

*A whakatau will be held at 1.30pm on Friday 12<sup>th</sup> February to formally welcome our new students and families, followed by an afternoon tea. All families are invited to come along and participate.*

*Please note that our school will be **CLOSED THIS THURSDAY 4<sup>th</sup> February** while our teachers participate in Thames-wide professional development. School will be back to usual the next day, Friday 5<sup>th</sup> February.*

*David Brock, Principal – Tumuaki*

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## Coming up:

- Thu 4 Feb** Teacher only day
- Mon 8 Feb** Waitangi day
- Fri 12 Feb Whakatau at 1.30pm
- Mon 15 Feb Tech starts for Y7&8 students
- Fri 26 Feb Family fun night

**School hours: 8.55am to 3pm**  
**Monday to Friday**

## 2021 Start Date & School Terms

- Term 1: Tuesday 2 February to Friday 16 April
- Term 2: Monday 3 May to Friday 9 July
- Term 3: Monday 26 July to Friday 1 October
- Term 4: Monday 18 October to Tuesday 14 Dec

## Moanataiari School Bank Account:

**ANZ Thames 01 0455 0108122 01**

## Our teachers for 2021:

|        |   |               |
|--------|---|---------------|
| Room 2 | Mrs Pam Kruger (Junior DP)                  | Years 1 and 2 |
| Room 3 | Mrs Laura Pooley                            | Years 2 and 3 |
| Room 4 | Mrs Kirsty Bain                             | New Entrants  |
| Room 5 | Miss Louise Hinds-Haye / Mrs Adrienne Dines | Years 4 and 5 |
| Room 6 | Ms Debbie Trenwith                          | Years 6 and 7 |
| Room 7 | Mrs Andrea Saunders (Senior DP)             | Years 7 and 8 |
| Room 9 | Mr Wayne Howes                              | Years 4 and 5 |

## School hours

|               |                               |   |
|---------------|-------------------------------|---|
| School begins | 8.55am                        | We encourage students to be here <b>by 8.45am</b> |
| 1st break     | 10.50 – 11.00am (eating time) | 11.00 – 11.25am (play)                            |
| 2nd break     | 1.20 – 1.30pm (eating time)   | 1.30 – 1.55pm (play)                              |
| School Ends   | 3.00pm                        | Monday to Friday                                  |



Please ensure that students are in class by 8.55am when the bell goes as late students disrupt the rest of the class, and can miss out on instructions for the day.

As much as we want students to be here in plenty of time before the bell, they mustn't be here before 8.15am as staff are not available for supervision before that time.

## Teacher Only Day – THIS Thursday 4<sup>th</sup> February

**School will be closed for students.**

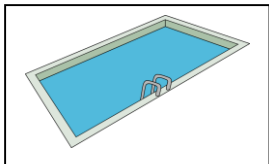
Our teachers will be attending a Thames-wide kahui connection.

*School will resume on Friday 5<sup>th</sup> February.*



### \*\*\*New Moanataiari After-School Care Service\*\*\*

As from today, 2<sup>nd</sup> February, we will be running a new after-school care service from our school kitchen. The service will be structured with homework supervision and assistance as well as fun activities with our very experienced and qualified teacher aide, Donna Weir. Bookings can be made through our school office (868 6504) or by contacting Donna directly on 027 547 9407. Casual or regular bookings will cost \$7.00 for the first hour from 3pm, up to \$14 for 2.5 hours per day per child.



### School swimming pool

Our school pool is ready for our students to enjoy during class swimming lessons, so remember to bring your (named) swimming togs and towel.

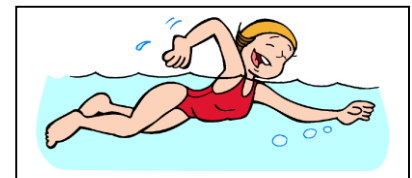
Students are expected to take part in swimming instruction every day for most of this term so please ensure students bring their swimming togs each day, or a

note if they are not able to participate due to illness.

*Unfortunately, due to the new Health and Safety Regulations, we are not able to open our pool for public use.*

## Swimming Events

We are holding our **Senior Swimming Sports** will be held on **Friday 5<sup>th</sup> March**, starting at **9.30am** here at our pool, then...



our **Junior Swimming Demonstrations and Events** on **Friday 5<sup>th</sup> March**, starting at **12 noon**.

*Families are welcome to come along to these events to cheer on and support students.*

Senior students will be selected to participate in qualifying time trials at Centennial Pool on **Wednesday 11<sup>th</sup> March**. Qualifying students will compete at the Thames Valley Swimming Competition at Centennial Pool on **Wednesday 25<sup>th</sup> March**.

## Whakatau

On **Friday 12<sup>th</sup> February at 1.30pm** everyone is invited to attend our Whakatau and Morning Tea to welcome our new families.



### Uniform Reminder

All students must wear our correct school uniform during school hours. Our uniform consists of:

Jade polo shirt with school logo

Plain navy shorts/skorts/pants (not black or denim)

Plain navy sweatshirt or navy polar fleece with school logo

Navy bucket hat/navy wide brim hat

Shoes: flat/practical that child is free to run and walk in (no heels)

Hair: long hair must be tied up for protection against nits

Jewellery: watches, stud/sleeper earrings only. (If a student has taonga that they wish to wear at school, a letter must be written to the principal for approval first.)

**Please put your child's name on ALL ITEMS OF CLOTHING. In the swimming season all clothing, togs and towels should be named and swimming gear brought to school in a water-proof bag.**

If students are not able to wear uniform, for whatever reason, a note to the class teacher or explaining to the class teacher is required. If assistance with uniform purchase is needed, please talk to the Principal for a supporting letter to WINZ. On-going non-compliance with uniform is considered to be a discipline issue. Second-hand uniform is available from the school office for a gold coin donation.

### Scanning at the gate

We have placed our QR code at each of our gates and would encourage all adults coming on site to please scan on entry.

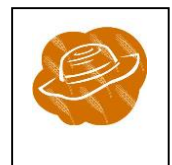
### Tech for our Year 7 & 8 students

Our year 7 & 8 students start tech at Thames High School on **Monday 15<sup>th</sup> February**. This will happen every Monday and these students need to bring closed-in shoes to tech each Monday, and a container for food when in the kitchen.



### Sun hats

During Terms 1 and 4 children must wear uniform navy blue sunhats when outside the classroom. Children not wearing sunhats will play under the shade sail.



### Absences

All pupil absences from school must be notified either by a letter to the Class Teacher, or by phoning the school office (07) 868 6504 or sending a message through on the app or website **before 9.15am**. We need to know that our students are safe, so please tell us if they are going to be away.

### Unwell students

If students are feeling unwell, please do not send them to school until they are completely recovered, as germs spread very easily at school and cause other students and staff to become unwell also, which is not fair to them.



### Medications

Should you need to leave medication permanently at school, such as for asthma or allergies, please make sure we have labelled, up to date medication for your child. Out of date medications held at the school last year have been disposed of so will need replacing if still required.

## Food and drink at school

We encourage all students to bring only water in a water bottle to drink at school. Hydration and adequate rest are vital to optimum learning. Remember to drink water throughout the day to keep your body and brain hydrated and alert.



We also ask that students take home any food packaging and uneaten lunch. Parents and caregivers are then able to note food that children are not eating, and it also reduces waste at school.

## Nutrition for learning

The school day involves lots of concentration and physical exertion so our students need plenty of nutritious food to get them through the day. We encourage plenty of healthy food options in student lunch boxes to help them learn and perform their best.

**Sandwiches, fruits, nuts, vegetables and dairy products provide sustained energy.**

We suggest processed foods should be reserved for occasional special treats at home.



## Sleep requirements for children

### The Ten Commandments for Children's Sleep (ages birth to 12 years):

1. Go to bed at the same time every night, preferably before 9.00pm.
2. Have an age appropriate nap schedule.
3. Establish a consistent bedtime routine.
4. Make your child's bedroom sleep conducive – cool, dark, and quiet.
5. Encourage your child to fall asleep independently.
6. Avoid bright light at bedtime and during the night, and increase light exposure in the morning.
7. Avoid heavy meals and vigorous exercise close to bedtime.
8. Keep all electronics, including televisions, computers, and cellphones out of the bedroom and limit use of electronics before bedtime.
9. Avoid caffeine, including many sodas, coffee and tea.
10. Keep a regular daily schedule, including consistent mealtimes.

#### TABLE OF RECOMMENDED SLEEP:

3-12 months --- 14 to 15 hours

1-3 years --- 12 to 14 hours

**3-5 years --- 11 to 13 hours**

**6-12 years --- 10 to 11 hours**

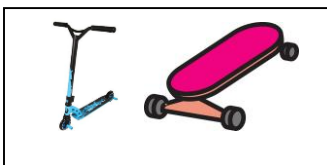
12-18 years --- 8.5 to 9.5 hours



Good sleep is one of the 3 pillars of good health and well-being along with a balanced diet and regular exercise.

### THREE ELEMENTS OF GOOD QUALITY SLEEP:

1. **Duration**- The length of sleep should be sufficient for the sleeper to be rested and alert the following day.
2. **Continuity**- Sleep periods should be seamless without fragmentation.
3. **Depth**- Sleep should be deep enough to be restorative.



### Wheels days – Scooters and Skateboards

Juniors on Mondays and seniors on Thursdays during break times.

Helmets and shoes **MUST** be worn. Bike days on the last day of each term. *Scooters are to be stored in the rack behind the kitchen when not in use at school.*

## Headlice

We occasionally have incidents of head lice. Please ensure that you check your child's hair regularly and treat any outbreaks promptly. Children with long hair are expected to keep it tied back while at school to keep it off the face and help keep head lice away.





### School library books

Please **return any school library books urgently** to our school office so we can complete our stocktake.

### Thames library holiday reading tickets

Don't forget to bring your completed library book reading tickets in to our school office by **this Friday 5<sup>th</sup> February** to redeem your prize.

### Reminder

With the exception of our Pet Day, **no dogs are allowed on our school grounds** for the health and safety for our students and staff.



**Te rerenga korero:      Kia pai rawa atu koe!      Be the best that you can be.**

## Community Notices



Music lessons are beginning this term in Week 2. Guitar, Ukulele and Drum lessons will be available. Each lesson is \$10 in a group or \$20 for one-on-one. Email [contact@playwithmusic.net](mailto:contact@playwithmusic.net) to sign up.



Call in and see us today!

Up to 20 hours free for 2 year olds to school age\*

\* Conditions apply

We provide quality early childhood education where children can play, learn and grow in a happy environment.

- Qualified teaching staff
- Environment that inspires learning through play and supports inclusion
- 20 hours FREE for 2 year olds to school age\*
- Affordable fees, only \$3.50 p/h above 20hrs FREE
- WINZ subsidies

We would love to show you our kindergarten and discuss the needs of your child, so call in and visit today!



Central Kids Thames  
308 Grey Street, Thames 3500  
07 868 7797 | txt 021 190 6558  
thames@centralkids.org.nz

Monday to Friday | 8.45am – 2.45pm

centralkids.org.nz



### Police vetting for helpers

We very much appreciate any

offers of assistance and transport to our many events throughout the year. It is now a legal requirement that all non-staff members are police vetted before assisting with our students.

If you would like to help us at events and transport this year please complete and return the note below to our school office so we can pass on to you a police vetting form. Police vetting is valid for two years so we can check if we have your current details.

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**Yes, I would like to assist at events and/or with transport in 2021**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Please return this slip to our school office by 26<sup>th</sup> February, thanks.